First Congregational Messenger
First Congregational United Church of Christ
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Serving God with love and faith



Love Your Neighbor Blood Drive

Wednesday, July 13, Noon to 6 p.m.

@ First Congregational UCC A joint American Red Cross drive with the Seventh Day Adventist Church (Pastor Sandro Sandoval) and First Congregational Churches.





July 2022 Volume 5, Issue 93

Pastor's pages	2-5
Announcements	6-7
Serving	8
Financial Page	9
Calendar	10-11

Monday-Thursday 10-4

Other times by appointment

May be out of the office for meetings or visits





Office Hours

Monday-Friday

8-12

Love Your Neighbor

"Many Americans are able to donate blood, but only 3% do."

– The American Red Cross



Blood donation is a voluntary procedure that can help save the lives of others. There are several types of blood donation. Each type helps meet different medical needs.

When Wendy Benson, from the American Red Cross, presented the need for blood donations to the Norfolk Area Ministerial Association, several of us pastors became interested in partnering with other churches to hold a blood drive. Wendy said that there are a few larger churches in town who hold drives regularly, but the need is so great, that she is asking if smaller churches could also get involved.

Pastor Sandro Sandoval of Norfolk Seventh Day Adventist Church has visited and preached at our church. After getting the authorization from Unity Council, we decided to try to do a joint blood drive. Please see the poster in this newsletter for information on the July 13th blood drive that we will hold in Fellowship Hall from Noon to 6 PM.

Many people think that they are not eligible to give blood. For me, I know that I have to eat iron-rich foods before I donate, because I have a history of low iron. If you have any questions, you may call an Eligibility Specialist at 1-866-236-3276. There are many myths out there, and you might be surprised. I fell out of the habit, and now I want to see if I can become a donor again.

You may schedule a time slot in a few ways:

Go to www.redcrossblood.org and enter your zip code.

On the left side of your screen, scroll down until you find 'Norfolk First Congregational Church'. Click 'See Times'. Find a time, and then (most people, will tap 'Blood'). The screen will prompt you to create an account, so you must have an email to do this. It is short and quick. I or Sue can also help you do this.

Or, call 1.800.733.2767 (1.800.red.cross) and they will reserve a slot for you.

Walk-in's are welcome if there is an open time slot.

We don't need many volunteers. The Red Cross even brings the juice and cookies! But we will need one or two people to enter the donor when they come in. It only takes one, but it's more fun with two! Please let me know if you can volunteer. I plan to also help. Our facility is perfect for a blood drive, and I'm happy for this opportunity to love our neighbor!

-Peace, *Pastor Jackie*



BE PART OF SOMETHING BIG. GIVE BLOOD.

Blood Drive

Love Your Neighbor

A joint event by Seventh Day Adventist & First Congregational Churches

> First Congregational Church Church - Hall 1102 W. Norfolk Ave.

Wednesday, July 13, 2022 12:00 p.m. to 6:00 p.m.

Every 2 seconds someone needs blood products. Please Schedule an appointment with First Congregational Church @ 402-371-0701 or Pastor Sandro Sandoval @ 269-252-7634 or visit www.redcrossblood.org. No masks are need at this time. Walk-in's welcome with an open time slot.

Thank you!

Donate in July for chance to win a Shark Week merch package thanks to Discovery! rcblood.org/shark

Church Clean Up



On Saturday, June 18th, First Congregational and Linaje Escogido Churches worked together on church yard and parking lot cleanup. Volunteers pulled weeds, swept, trimmed shrubs and pear trees, and started the project of digging out the sunken bricks that make up the labyrinth. There are many bricks to uncover with a shovel or an edger. Weed whackers don't work. If anyone would like to work on the labyrinth, as you are able, please do! The grounds look beautiful, and we rejoice whenever we have a chance for the two churches to work together!







Spiritual Practice: Labyrinths

I had a great time on my vacation in the Pocono Mountains of Northeast Pennsylvania. We visited with relatives, and I got to see my young cousins perform in their end-of-year band and chorus concerts.

Two places I loved most were Lake Wallenpaupack, and a unique garden labyrinth in Greentown, Pennsylvania (Mom's hometown). The owners took five years to create it on the edge of the woods. I am happy that our church is working to restore our labyrinth. As a spiritual practice, walking a labyrinth creates an opportunity to intentionally listen for the Spirit and to spend time with God. If you encounter a labyrinth somewhere, send a picture. What was your experience? — Pastor Jackie



School supplies needed Hand sanitizer

by July 24: Dry Erase Markers

Backpacks Index Cards

Disinfecting Wipes 12 count colored pencils

Pens and pencils Headphones

Loose leaf paper Zippered binders

Highlighters Wide rule spiral

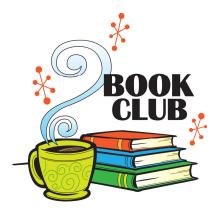
Messenger Bags notebooks

Want to serve Norfolk in a hands-on way?



5th Annual - <u>To Norfolk With Love</u>, Saturday morning, <u>September 10</u>, <u>2022 Save the date!</u> TNWL is a well-organized and fun service event. People of all ages and abilities may volunteer. There are all kinds of projects from which to choose. Last year, Jane Uzzell and Pastor Jackie joined a team to weed the gardens at the Vets Home.

Leaders guide the process and bring tools if need. Volunteers gather at First Baptist Church for donuts, welcome, and instruction. Then then go to a site to work for a few hours, then return to an after-party (optional). The 2022 goal is to have 300 volunteers, 20 churches, 25 projects. They provide childcare. See the video and website for more info. https://www.tonorfolkwithlove.com/. More info to follow.



Book Club will meet July 13. *Niki Nakayama: A Chef's Tale in 13 Bites* by Jamie Michalak. The books can be found in Fellowship Hall or you can contact Jane Uzzell.

They're coming back! When there is a 5th Sunday in the month, we have a potluck dinner following that Sunday's worship service. So . . Sunday, July 31, let's join together and have a potluck! A basket will be available for donations to the church's scholarship fund. Hope to see you—July 31, for a yummy potluck meal!





Do you go grocery shopping? At Lou's? At HyVee? We have an easy way to bump up your donation to the church budget--use a Lou's or HyVee gift card when you go shopping or get gas. You can buy them Sundays in Fellowship Hall. We currently get \$25, \$50 and \$100 gift cards.

See you at the table in Fellowship Hall! Please help out. The gift cards fit right in your billfold by your dollar bills, so it's even easy to remember to use them when you go to pay for your groceries. Questions? Leave a message for Jane Uzzell at (402)640-6623.



Birthdays

6th Verletta Olson

Evonne Burkink

12th Merle Rix

10th

17th Chuck Balsiger

18th Terry Hamilton

28th Randy Neuharth

30th Pat Jenny

Anniversary

5th Tom and Sandy McConnell

12th Erik and Katie Gamerl



July 3

Communion: Charlene Fosdick and Verletta Olson

Ushers: Bonnie Dewell and Barb Koenig **Greeters:** Gene and Bonnie Kroeger

Reader: Chuck Balsiger Leader: Tom McConnell

Flowers:

July 10

Ushers: Randy and Kay Neuharth

Greeters: Tom McConnell and Susan Surber

Reader: Tom McConnell

Flowers:

July 17

Ushers: Ben and Grace Uzzell Greeters: Stacie and Reese Uzzell

Reader: Ben Uzzell Flowers: Ed Lindsay

July 24

Ushers: Jane Uzzell and Charlene Fosdick **Greeters:** Chuck Balsiger and Ed Lindsay

Reader: Randy Neuharth

Flowers:

July 31 Potluck after service

Ushers: Verletta Olson and Suzan Podliska Greeters: Evonne Burkink and Bonnie Dewell

Reader: Kay Neuharth

Flowers:

August 7

Communion: Randy and Kay Neuharth **Ushers:** Ed Lindsay and Tom McConnell

Greeters: Scott and Lori Williams

Reader: Verletta Olson Leader: Chuck Balsiger

Flowers:

August 14

Ushers: Susan Surber and Mike Synovec Greeters: Rita Woodard and Charlene Fosdick

Reader: Reese Uzzell Flowers: Susan Surber

August 21

Ushers: Stacie and Reese Uzzell Greeters: Ben and Grace Uzzell

Reader: Jane Uzzell Flowers: Karen Allyn

August 28

Ushers: Evonne Burkink and Rita Woodard **Greeters:** Mike Synovec and Barb Koenig

Reader: Grace Uzzell

Flowers:

Please notify the office if you are not able to attend a service.

June

From 6/1/22 through 6/24/22

The deposit for 6/26 is not included and end of the month bills are not included.

Checking account information

Beginning balance	\$ - 133.26
Weekly deposits	\$ 10,304.60
Subtotal	\$ 10,171.34
Salary	\$ 6,964.05
Church Maintenance	— \$ 630.09
Office Expenses	— \$ 257.02
Substitute Minister	 \$ 278.51
Church Insurance	\$ 3,125.50
Conference Meeting	 \$ 577.00
Renner's	—-\$ 500.00
Final Balance	\$ 2.160.83



July 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					Sue on vacation	
3	4	5	6	7	8	9
10:15 Worship Renewed Hope FH 4-8	OFFICE CLOSED	5:30 PM Girl Scouts	10 Worship Ministry			
10	11	12	13	14	15	16
10:15 Worship	Sue leaves the office at 10	5:30 PM Girl Scouts	10 Book club Blood Drive FH 12-6 PM			
17 10:15 Worship	18	19 5:30 PM Girl Scouts	20	21	22	23
24	25	26	27	28	29	30
10:15 Worship	Sue leaves the office at 10	5:30 PM Girl Scouts				

31

10:15 Worship

Unity Council

Potluck Dinner

August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	Sue out of office	5:30 PM Girl Scouts	10 Worship Ministry			
7	8	9	10	11	12	13
10:15 Worship		5:30 PM Girl	10 Book club			
Renewed Hope 4-7 FH		Scouts				
14	15	16	17	18	19	20
10:15 Worship		5:30 PM Girl Scouts				
21	22	23	24	25	26	27
	NECC begins					
28	29	30	31			

10:15 Worship